

REDUCE REUSE RECYCLE

Monday	Tuesday	Wednesday	Thursday	Friday
1 No Program	2 No School	3 No School	4 No School	5 No School
8 Deli Chicken Salad with Wheat Crackers Grape Tomatoes Applesauce Cup 1% White or FF Flavored Milk	9 Turkey & Cheese Sandwich on WW Bun Broccoli Florets Fresh Apple 1% White or FF Flavored Milk	10 Turkey Ham on WW Bun Broccoli Florets Fresh Banana 1% White or FF Flavored Milk	11 Turkey Salami & Cheese on WW Thin Bun Celery Sticks Fresh Orange 1% White or FF Flavored Milk	12 Italian Sub(Turkey Ham, Turkey Salami, Mozz Chz) Romaine Salad Cup Apple Slices 1% White or FF Flavored Milk
15 Turkey & Cheese Roll on WW Tortilla Romaine Salad Cup Fresh Orange 1% White or FF Flavored Milk	16 Yogurt String Cheese WG Muffin Baby Carrots Fruit Cup 1% White or FF Flavored Milk	17 Turkey & Cheese on Sub Baby Carrots Fresh Banana 1% White or FF Flavored Milk	18 Turkey Bologna & Cheese on WW Thin Bun Broccoli Florets & Baby Carrots Fresh Apple Slices 1% White or FF Flavored Milk	19 No School
22 Turkey Salami and Cheese on WW Thin Bun Celery Sticks Mandarin Orange Cup 1% White or FF Flavored Milk	23 Turkey Ham Sandwich on WW Bun Celery Sticks Fresh Apple 1% White or FF Flavored Milk	24 Deli Chicken Salad Cup WW Crackers Grape Tomatoes Fresh Banana 1% White or FF Flavored Milk	25 Turkey Ham Roll on WW Tortilla Romaine Salad Cup Fresh Orange 1% White or FF Flavored Milk	26 Turkey & Cheese Sandwich on WW Bun Broccoli Florets Fresh Apple 1% White or FF Flavored Milk
29 Turkey & Cheese Sub Baby Carrots Pineapple Cup 1% White or FF Flavored Milk	30 Turkey Ham & Cheese Sandwich on WG Bun Cherry Tomatoes Chefs Choice Fresh Fruit 1% White or FF Flavored Milk			



Thought for Thought

There is no worse lie than a truth misunderstood by those who hear it. - William James ['Varieties of Religious Experience', 1902]

Tips & Information

Make a commitment to recycling as much as you can in your household. Along with reducing your consumption and reusing all that you can, recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****
This institution is an equal opportunity provider.



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