

REDUCE REUSE RECYCLE

Monday	Tuesday	Wednesday	Thursday	Friday
1 No Program	2 No School	3 No School	4 No School	5 No School
8 Trix Cereal Animal Grahams Craisins 100% Juice 1% White or FF Chocolate Milk	9 Breakfast Nutrition Bar 100% Juice Fruit Cup 1% White or FF Chocolate Milk	10 WG Bagel with Cream Cheese Fresh Apple 1% White or FF Chocolate Milk	11 WG Banana Muffin Mini Vanilla Wafers 100% Juice Fresh Banana 1% White or FF Chocolate Milk	12 WG Breakfast Ring 100% Juice Fresh Orange 1% White or FF Chocolate Milk
15 Mixed Berry Rice Krispie Cereal Bar Animal Grahams Craisins 100% Juice 1% White or FF Chocolate Milk	16 Nutri-grain Bar WG Vanilla Wafers Fruit Cup 100% Juice 1% White or FF Chocolate Milk	17 WG Goldfish Grahams Fresh Apple Dannon Nonfat Creamy Yogurt 1% White or FF Chocolate Milk	18 Blueberry Bread Slice Fresh Banana 100% Juice 1% White or FF Chocolate Milk	19 No School
22 Golden Grahams Cereal Animal Grahams Craisins 100% Juice 1% White or FF Chocolate Milk	23 Breakfast Nutrition Bar 100% Juice Fruit Cup 1% White or FF Chocolate Milk	24 WG Bagel with Cream Cheese Fresh Apple 1% White or FF Chocolate Milk	25 WG Banana Muffin Mini Vanilla Wafers 100% Juice Fresh Banana 1% White or FF Chocolate Milk	26 WG Strawberry Pop Tart Animal Grahams Fresh Apple 1% White or FF Chocolate Milk
29 Cinnamon Toast Crunch Bar Animal Grahams Craisins 100% Juice 1% White or FF Chocolate Milk	30 Nutri-grain Bar WG Vanilla Wafers Fruit Cup 100% Juice 1% White or FF Chocolate Milk			



Thought for Thought

There is no worse lie than a truth misunderstood by those who hear it. - William James ['Varieties of Religious Experience', 1902]

Tips & Information

Make a commitment to recycling as much as you can in your household. Along with reducing your consumption and reusing all that you can, recycling can help to reduce the amount of items going into your garbage each week and will ensure that you're contributing to a sustainable and long-term commitment by many communities across the world to making the most of our resources. By recycling regularly, you show other people that it is possible, a good thing to do and that it makes a difference.

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****
This institution is an equal opportunity provider.

