

# Be Kind. Be True. Be "Great"ful. Be You!

## WHAT

iMatter For Kids is an after-school, character education program for elementary school children. This program created for 4th and 5th grade students engages high school mentors from local area high schools and empowers students to know they matter.

#### WHERE

Insert program location

# WHEN

Mentee Student Sessions – 4-5 p.m. March 9, March 16, March 23, March 30, April 13, April 20, April 27, May 4, and May 11

<u>Family Workshops – 5-6 p.m.</u> March 16, March 30, April 20, and April 27







## HOW

Enrolled students meet after school – one day a week for eight weeks in a row. Here's how a typical session works:

First a healthy snack - so everyone can focus.

**Break into groups** – two or three student mentees per mentor – using a workbook to focus learning and track progress. Lesson's range from self-discovery to community service, and each session includes a fun, creative, interactive learning project, or exercise around the following topics:

- Positive Attitude
- Strengths, Talents, Interests, and Skills
- Responsibility and Leadership
- Values (personal, life, school)
- Understanding and Valuing Diversity
- Positive Relationships

**Regroup and present** – projects are shared with the larger group in a safe, supportive environment.

**Dismissal** – mentors are dismissed each week at 5 p.m. Mentee students are only dismissed from the session, not the classroom. A child is *only* dismissed from the class location and to a registered adult.

**Family Workshop Dates -** Parents engage from 5-6 p.m. during four sessions. At least one parent or adult member of the student's extended family is required to join their child at this time. Under the guidance of a professional facilitator, adult and child work together to lay the foundation for the relationship success – aligning values, prioritizing goals, and developing action items and accountability measures.

There is a \$25 materials fee to cover costs of games, t-shirt, snacks, and projects. We do have some need-based scholarships available by request. Please make checks payable to Southwest Detroit Community School.

